



## REQUEST TO ACCESS PROTECTED HEALTH INFORMATION

The Health Insurance Portability and Accountability Act gives you the right to inspect and receive copies of certain health information. On behalf of your employer-sponsored health plan, Delta Health Systems (DHS) may be able to provide you with:

Enrollment, payment, claims adjudication, and case or medical management record systems maintained by or on behalf of your health plan; or

Used, in whole or in part, by DHS or other business associate of your health plan to make decisions about your benefits.

DHS can also mail this information to someone else on your behalf. If you need a copy of your medical records, please contact your doctor or hospital.

You must complete all sections of this form. After you fill out the form, you can mail, fax or email to:

**Delta Health Systems | 3244 Brookside Road | Stockton, CA 95219 | ATTN: Privacy Officer Fax: (209) 939-3930 | Email: [privacyandcompliance@delapro.com](mailto:privacyandcompliance@delapro.com)**

Please tell us what information you wish to receive: (dates of service, type of injury or illness, and name of your doctors, hospitals or other providers will help us to respond to your request faster):

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If DHS accepts your request, we will have your information ready for you within 30 days after receiving your request. If more time is needed, we will tell you. If DHS must deny your request, you will be told why within 30 days after receiving your request.

Do you want actual copies of this information, or would you like us to summarize it for you (check one)?

- Copy       Summary

Do you want paper copies of this information, or would you like it in electronic form (check one)?

- Paper (Will be mailed to address on file with DHS)     Electronic copy emailed to \_\_\_\_\_

[www.deltahealthsystems.com](http://www.deltahealthsystems.com)

DHS may charge you for the cost of copying and mailing your health information. Do you agree to pay these fees?

Yes     No

Costs: **Participant or Personal Representative**

Paper Copies → Cost of mailing

Electronic Copies → \$6.50

**Third-Party**

Paper Copies → \$0.25 cents per page plus cost of mailing

Electronic Copies → \$6.50

Who would you like to receive this information (check one)?

You. (Information will be mailed to the address on file with DHS or emailed to the email address provided above)

Third-party listed below:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Street Address or P.O. Box

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

\_\_\_\_\_  
*I declare under penalty of perjury that the information on this form is true and correct.*

\_\_\_\_\_  
Print name of plan participant

\_\_\_\_\_  
HealthCare ID #

\_\_\_\_\_  
Signature of plan participant or personal representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Telephone number

Note: if you are acting as the personal representative of a plan participant, please tell us your relationship to the participant: \_\_\_\_\_

You may be required to show us proof of your legal permission to act for the participant.

Any attempt to falsely gain access to protected health information is subject to legal penalties.

Should you have questions about this form, please contact Delta Health Systems at the toll-free number listed on your ID card.

[www.deltahealthsystems.com](http://www.deltahealthsystems.com)

A copy of our privacy notice can be found online at [www.deltahealthsystems.com/privacy](http://www.deltahealthsystems.com/privacy)